

YAKIMA ORAL AND MAXILLOFACIAL SURGERY ASSOCIATES

DR. LINDSEY R. DOUGLAS & DR. DANIEL C. TOPPER

PATIENT INSTRUCTIONS FOR GENERAL ANESTHESIA (GOING TO SLEEP)

Take nothing by mouth, including water, for 6 hours before appointment. Take any regular medicine with just a sip of water. Do not eat or drink anything before coming to the office.

Parents or guardians of children should observe the child continuously and make absolutely certain there is no food or fluid consumed. The empty stomach is very important for the safety of the patient under anesthesia. Liquids or foods in the stomach may cause vomiting and aspiration into the lungs, causing serious complications, including death. It is a responsibility of the patient and/or parent to follow this vital precaution of "NOTHING BY MOUTH."

Notify the office if you develop a cold, sore throat, cough, fever, or any other illness prior to your surgery appointment.

Arrive at the office promptly for your appointment. Late arrivals may necessitate cancellation of your appointment.

Wear loose fitting clothing; sleeves should be easily rolled up past the elbow. Do not wear shoes with elevated heels.

All patients should be prepared to remove hard contact lenses.

Patient must be accompanied by an adult who will, preferably, remain in the reception room during surgery. Postoperative instructions will be given to the escort following surgery. The escort should be available to remain with the patient for at least 2 hours at home following surgery. Patients will not be allowed to drive or take a public conveyance home.